



Advanced Industrial Climber (Arqiva Accredited)

DURATION
2 Day
COURSE REQUIREMENTS
Medically Fit
RATIO OF TRAINERS TO TRAINEES
1 to 6

COURSE SYLLABUS

The Advanced Industrial Climber training course is designed for individuals that are working at height on ladders and open structure wearing Personal Protective Equipment (PPE) and require rescue status in line with the 2005 Work@Height Regs

Modules covered

PPE

Health & Safety Legislation
Selection/Usage
Maintenance & Inspection
End Termination Date
Documentation

Industrial Climbing

Fall Arrest Theory
Work Position Theory
Installation of Temporary Fall Arrest
Fixed Fall Arrest Systems
Work Positioning
Ladder Access inc Latchway, Railok
Open Structure Access

High Structure Rescue/Evacuation

Evacuation Theory
Evacuation Equipment
Self Rescue
Conscious Casualty Lowering
Unconscious Casualty Pick Off
HSE view on Suspension Intolerance

COURSE OUTLINE

[Day 1]

AM - PowerPoint discussion of legislation relating to work at height, followed by hands on PPE inspection training.

PM - Delegates taught and assessed on practical elements of tower climbing and personal fall arrest systems on a selection of towers (inc. a monopole)

[Day 2]

AM - Demonstration of abseil theory, then delegates practice self rescue using industry standard device, moving on to principles of unconscious casualty pick off.

PM - Practical Unconscious casualty pick off, hoisting/lowering conscious casualty.

EQUIPMENT REQUIRED

Outdoor clothing suitable for time of year. Climbing PPE kit is provided by Xi Training. If you prefer to use your own PPE, please bring along inspection records

RECORDS MAINTAINED BY XI

- Upon passing of course Certification generated with renewal dates
- Unique I.D. Number for certification checks
- Lost Certs or IDs can easily be replaced

POST COURSE CLIENT FEEDBACK

- Course feedback forms to give your comments on how we can improve your service

Height Safety Training
Equipment Supply
Kit Inspection



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