



First Aid at Work

DURATION

3 Days

COURSE

REQUIREMENTS

Medically Fit
Able to knee down and
roll over a 'casualty'

RATIO OF TRAINERS TO TRAINEES

1 to 12

COURSE SYLLABUS

The First Aid at Work (FAW) training qualification develops essential first aid principles for the needs of your work activities and colleagues.

Module 1

- Understand the role of the first aider including reference to the use of available equipment
- Assess the situation and circumstances in order to act safely, promptly and effectively in an emergency
- Administer first aid to a casualty who is unconscious and/or in seizure
- Administer cardiopulmonary resuscitation

Module 2

- Administer first aid to a casualty who is choking
- Administer first aid to a casualty who is bleeding and/or in shock
- Provide appropriate first aid for minor injuries

Module 3

Administer first aid to a casualty with:

- Injuries to bones, muscles, and joints including suspected spinal injuries
- Chest injuries
- Burns and scalds
- Eye injuries
- Sudden poisoning
- Anaphylactic shock

EQUIPMENT REQUIRED

All resources will be provided. No equipment is required from the trainee

RECORDS MAINTAINED BY XI

- Upon passing of course certification generated with renewal dates
- Unique I.D. Number for certification checks
- Lost certs or IDs can easily be replaced

POST COURSE CLIENT FEEDBACK

Candidates attending the training course are continually assessed during training by the course tutor. Each candidate is required to be assessed separately at the end of the training course by an external assessor. Each successful candidate will receive a first aid manual and an HSE certificate valid for 3 years

Height Safety Training
Equipment Supply
Kit Inspection



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