

LOCAL ACCOMODATION – Training facilities based at LA59RQ (Keer Bridge) and LA61RD (Holme Mills)

Marwin House

(local accommodation – prices start from £25 per person per night, or £32 including breakfast)

Duke Street, Holme, Carnforth Tel: 07786 836850

Royal Station Hotel

£20 single, £30 double/twin, £40 family room

Market Street, Carnforth, Lancashire Tel: 01524 733636

The Kings Arms Hotel

£50 single, £65 twin, £85 family

Main Street, Burton in Kendal, Carnforth Tel: 01524 781409

Holiday Inn House Lancaster

Rough guide only (prices vary): £80-100 for two people.

Waterside Park, Caton Road, Lancaster, LA1 3RA Tel: 0871 942 9087 / 0871 423 4876

County Hotel

£55 double, £60 king size, £55 twin, £65 family room, £85 large family room

Lancaster Road, Carnforth, Lancashire, LA5 9LD Tel: 01524 732469

Lancaster House Hotel

£88 double/twin rate (50% off rate) £74 single

Green Lane, Lancaster LA1 4GJ Tel: 01524 844822

Premier Inn Lancaster

Prices vary from £51-84

Lancaster Business Park, Caton Road, Lancaster, Lancashire LA1 3PE
Tel: 0871 527 8576

The Longlands Hotel

£65 single (double bed) with breakfast, £95 twin (2 people), £100 cottage (sleeps up to 4) if available.

Tewitfield, Carnforth, LA6 1JH Tel: 01524 781256
